

**SENIOR
MAY
2021**



**SERVING SENIORS
BOONE
LEE
OGLE
WINNEBAGO
COUNTIES**

**MENU IS SUBJECT
TO CHANGE WITHOUT
NOTICE**

**To make a
reservation
in Rockford**

**815-963-1609
or
1-800-779-1189**

**RESERVATIONS
&
CANCELLATIONS
CALL BY 10:00 AM
THE DAY BEFORE**



***CHOICE A only sent to
MEALS ON WHEELS
CLIENTS**

**THERE ARE
NO
SUBSTITUTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
CRANBERRY CHICKEN BUTTERED POTATOES GREEN BEANS DINNER ROLL\BUTTER DICED PEARS	BAKED ZITI W\MEATSAUCE ITALIAN BLEND VEG. GARLIC BREAD HOT APPLESAUCE	A.) MEATLOAF MASHED POT/GRAVY GLAZED CARROTS DINNER ROLL FRUITED JELL-O B.) LIVER & ONIONS	CHICKEN ALA KING BUTTERMILK BISCUIT BROCCOLI MANDARIN ORANGES	TILAPIA & GARLIC BUTTER WILD RICE CALIFORNIA BLEND DINNER ROLL\BUTTER FRUIT COCKTAIL
10	11	12	13	14
B.B.Q. CHIX BREAST DINNER ROLL\BUTTER CHEESY POTATOES GREEN BEANS PINEAPPLE TIDBITS	A.) SLOPPY JOE WHEAT BUN TATOR TOTS BROCCOLI DICED PEARS B.) HAM\VEGETABLE	BAKED CHICKEN QTR MASHED POT/GRAVY COIN CARROTS DINNER ROLL\BUTTER PEACH COBBLER	MUSHROOM SWISS BURGER ON BUN BUTTERED RED POT. BAKED BEANS DICED PEACHES	FISH PATTY W\TARTAR WHEAT BUN MAC & CHEESE CALIF. BLEND VEGGIES STRAWBERRY APPLESCE TARTAR SAUCE
17	18	19	20	21
COUNTRY MEATBALLS MASHED POT \ GRAVY MIXED VEGETABLES DINNER ROLL\BUTTER PEACHES	CHICKEN PATTY WHEAT BUN PEAS & CARROTS POTATO WEDGES PINEAPPLE	SPAGHETTI W \ MEATSAUCE CALIFORNIA BLEND CAULIFLOWER GARLIC BREAD APRICOTS	A.) HOT TURKEY SAND. MASHED POT/GRAVY WINTER BLEND VEGG. WHEAT BREAD - 1 CHERRY CRISP B.)HAM/CHIX NOODLE	CHEESY BEEF TACO FLOUR TORTILLA LETTUCE\TOMATO SPANISH RICE \ BEANS FRESH FRUIT TACO SAUCE
24	25	26	27	28
CHICKEN PARMESAN PASTA W/ MARINARA SICILIAN BLEND VEG DINNER ROLL\BUTTER DICED PEARS	SAUSAGE GRAVY W \ BISCUIT HASH BROWN POTATO 2 SAUSAGE PATTIES ORANGE JUICE	POLISH SAUSAGE SAUERKRAUT POTATO WEDGES BAKED BEANS CHILLED APPLESAUCE HOT DOG BUN	BEEFARONI CALIFORNIA BLEND CAULIFLOWER GARLIC BREAD APRICOTS	A. PEPPER STEAK MASHED POT./GRAVY GLAZED CARROTS WHEAT BREAD - 1 MANDARIN ORANGES B.) TURKEY/VEGETABLE
31				
CLOSED	8 oz. Low Fat Milk served with all lunches. 			