




# SENIOR



May  
2022

SERVING SENIORS BOONE LEE OGLE WINNEBAGO COUNTIES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MENU IS SUBJECT TO CHANGE WITHOUT NOTICE	2	3	4	5
To make a reservation in Rockford  815-963-1609 or 1-800-779-1189	HAMBURGER PATTY WGR WHEAT BUN MAC & CHEESE CALIF. BLEND VEGGIES DICED PEACHES	BBQ CHIX BREAST AUGRATIN POTATOES SEAS. GREEN BEANS WGR DINNER ROLL FRUIT COCKTAIL	SALISBURY STEAK MASHED POT/GRAVY STEAMED CARROTS WGR WHEAT BREAD - 1 PAPAYA AND MANGO FRUIT CUP	SWEET AND SOUR MEATBALLS FLUFFY RICE BLENDED VEGGIES WGR DINNER ROLL DICED PEARS	A.) TROPICAL CHIX SALAD CUCUMBER SLICES WGR CROISSANT MANDARIN ORANGES  B.) CHIX SAL./TOMATO
	9	10	11	12	13
RESERVATIONS & CANCELLATIONS CALL BY 10:00 AM THE DAY BEFORE  	BAKED CHICKEN BREAST MASHED POT \ GRAVY PEAS WGR DINNER ROLL APPLESAUCE	MEATLOAF AUGRATIN POTATOES BROCCOLI WGR WHEAT BREAD 1 DICED PEARS	ITAL. CHIX SALAD W\GREENS CARROTS, EGGS, CUKES TOMATOES, CHEESE WGR DINNER ROLL \ BUTTE FRUIT JUICE	ITALIAN SAUSAGE W\PEPPERS ON WGR BUN RED POTATO WEDGES ITALIAN BLEND VEGGIES FRUITED JELL-O	HOT HAM & CHEESE WGR WHEAT BUN TATOR TOTS CARROTS PINEAPPLE TIDBITS B.) TURKEY/MINESTRONE
	16	17	18	19	20
*CHOICE A only sent to MEALS ON WHEELS CLIENTS	JUMBO HOT DOG WGR HOT DOG BUN CREAMY COLESLAW BAKED BEANS HOT CINNAMON APPLES KETCHUP/MUSTARD	SWEET/SOUR CHICKEN FLUFFY RICE STIR FRY VEGGIES WGR DINNER ROLL PAPAYA AND MANGO FRUIT CUP	SALISBURY STEAK SCALLOPED POTATOES GREEN BEANS WGR DINNER ROLL SLICED PEACHES	A) SOUTHWEST SALAD BLK BEANS, CORN, CHEESE CHICKEN, TOMATO, ONION WGR DINNER ROLL FRUIT JUICE B.) TUNA SAL/CHIX RICE	CRISPY FISH SAND. WGR WHEAT BUN \ TARTAR POTATO PANCAKES BROCCOLI MIXED FRUIT
	23	24	25	26	27
THERE ARE NO SUBSTITUTIONS	TURKEY BURGER WGR WHEAT BUN AUGRATIN POTATOES COUNTRY MIX VEG. DICED PEARS	CHEF SALAD W\GREENS TURKE & HAM CUKES, EGGS, TOM, CHEESE WGR DINNER ROLL \ BUTTE FRUIT JUICE	LEMON PEPPER CHIX WILD RICE BROCCOLI WGR DINNER ROLL APPLESAUCE	A.) CHEESEBURGER WGR WHEAT BUN TATOR TOTS BAKED BEANS AMBROSIA B.) HAM/VEGETABLE	CITRUS BAKED HAM SWEET POTATOES SCAND. BLEND VEGGIES WGR DINNER ROLL DICED PEACHES
	30	31			8 oz. Low Fat Milk served with all lunches.  
CLOSED	TROPICAL CHIX SALAD CUCUMBER SLICES WGR CROISSANT  PINEAPPLE JUICE				