

**SENIOR  
February  
2025**



SERVING SENIORS BOONE LEE OGLE WINNEBAGO COUNTIES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MENU IS SUBJECT TO CHANGE WITHOUT NOTICE	3 Hamburger Patty California Blend Veggies Macaorni & Cheese <b>Diced Peaches</b> WGR Wheat Bun	4 BBQ CHIX BREAST AUGRATIN POTATOES SEAS. GREEN BEANS WGR DINNER ROLL FRUIT COCKTAIL	5 SALISBURY STEAK MASHED POT/GRAVY BRUSSEL SPROUTS WGR WHEAT BREAD - 1 APRICOTS	6 SWEET AND SOUR MEATBALLS FLUFFY RICE <b>BLENDED VEGGIES</b> WGR DINNER ROLL DICED PEARS
To make a reservation in Rockford  815-963-1609 or 1-800-779-1189	10 BAKED CHIX BREAST MASHED POT \ GRAVY STEAMED PEAS WGR DINNER ROLL APPLESAUCE	11 MEATLOAF /GRAVY CHEESY POTATOES DICED PEARS WHEAT BREAD CALIF BLEND VEGGIES	12 BAKED PORK CHOP MASHED POTATOES GREEN BEANS WGR DINNER ROLL CHERRY CRISP	13 ITALIAN SAUSAGE W/PEPPERS ON WGR BUN SEAS. POTATO WEDGES ITALIAN BLEND VEGGIES APRICOTS	14 A.) CRISPY FISH SAND. WGR WHEAT BUN \ TARTAR HASH BROWNS PEAS DICED PEACHES B.) TURKEY/MINESTRONE
	17 SALISBURY STEAK MASHED POT/GRAVY CALIF BLEND VEGGIES WGR DINNER ROLL MANDARIN ORANGES	18 SWEET/SOUR CHICKEN FLUFFY RICE STIR FRY VEGGIES WGR DINNER ROLL APRICOTS	19 MEATBALL SUB ON WGR ROLL PEAS & CARROTS SEASON POT. WEDGES DICED PEACHES	20 A.) PULLED PORK WHEAT BUN CHEESY MASHED BROCCOLI FRUIT COCKTAIL B.) TUNA SAL/CHIX RICE	21 HOT HAM & CHEESE TATOR TOTS CHILLED APPLESAUCE BAKED BEANS WHEAT BUN
RESERVATIONS & CANCELLATIONS CALL BY 10:00 AM THE DAY BEFORE  	24 BBQ RIBLETT WGR WHEAT BUN AUGRATIN POTATOES LIMA BEANS DICED PEARS	25 CREAMY CHICKEN PASTA CARROTS STEAMED PEAS WGR WHEAT BREAD - 1 CHILLED PINEAPPLE	26 CHEESEBURGER ON WGR WHEAT BUN TATOR TOTS BAKED BEANS FRUIT COCKTAIL	27 A.) LEMON PEPPER CHIX WILD RICE BROCCOLI WGR DINNER ROLL APPLESAUCE B.) HAM/VEGETABLE	28 CITRUS BAKED HAM BLENDED VEGGIES SWEET POTATOES DICED PEACHES WGR DINNER ROLL/BUTTER
	*CHOICE A only sent to MEALS ON WHEELS CLIENTS				8 oz. Low Fat Milk served with all lunches.  
THERE ARE NO SUBSTITUTIONS					