

SENIOR

**April
2025**



**SERVING SENIORS
BOONE
LEE
OGLE
WINNEBAGO
COUNTIES**

**MENU IS SUBJECT
TO CHANGE WITHOUT
NOTICE**

**To make a
reservation
in Rockford**

**815-963-1609
or
1-800-779-1189**

**RESERVATIONS
&
CANCELLATIONS
CALL BY 10:00 AM
THE DAY BEFORE**

***CHOICE A only sent to
MEALS ON WHEELS
CLIENTS**

**THERE ARE
NO
SUBSTITUTIONS**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|--|
| | 1 | 2 | 3 | 4 |
| | BBQ CHIX BREAST CHEESY POTATOES SEAS GREEN BEANS FRUIT COCKTAIL WGR DINNER ROLL W/ BUTTER | SALISBURY STEAK BRUSSEL SPROUTS MASHED POT/GRAVY APRICOTS WGR WHEAT BREAD | SWEET & SOUR MEATBALLS RICE BLENDED VEGGIES DICED PEARS WGR DINNER ROLL W/BUTTER | A) TUNA NOODLE CASSEROLE BROCCOLI & CARROTS PINEAPPLE TIDBITS WGR DINNER ROLL B) CHIX SALAD/TOMATO |
| 7 | 8 | 9 | 10 | 11 |
| BAKED CHX BREAST MASHED POT \ GRAVY STEAMED PEAS APPLESAUCE WGR DINNER ROLL | MEATLOAF BROWN GRAVY CALIFORNIA BLENDED VEGGIES CHEESY POTATOES DICED PEARS WGR WHEAT BREAD | BAKED PORK CHOP MASHED POT/GRAVY GREEN BEANS WGR DINNER ROLL CHERRY CRISP | ITALIAN SAUSAGE ITALIAN BLENDED VEGGIES SEAS POTATO WEDGES WGR HOT DOG BUN APRICOTS | A)FISH PATTY W/TARTAR HASHBROWNS PEAS DICED PEACHES WGR WHEAT BUN B)TURKEY/MINESTRONE |
| 14 | 15 | 16 | 17 | 18 |
| SALISBURY STEAK BLENDED VEGGIES MANDARIN ORANGES MASHED POT \ GRAVY DINNER ROLL | SWEET & SOUR CHICKEN FLUFFY RICE BLENDED VEGGIES WGR DINNER ROLL APRICOTS | MEATBALL SUN POTATOE WEDGES PEAS & CARROTS DICED PEACHES WGR ROLL | A) PULLED PORK BROCCOLI CHEESY MASHED POTATOES FRUIT COCKTAIL WGR WHEAT BUN B)TUNA SALAD/ CHIX RICE | HOT HAM & CHEESE BAKED EANS TATOR TOTS CHILLED APPLESauce WGR WHEAT BUN |
| 21 | 22 | 23 | 24 | 25 |
| BBQ RIBLETTE AUG POTATOES CALIFORNIA BLEND DICED PEARS WGR WHEAT BUN | CHREAMY CHICKEN PASTA CARROTS STEAMED PEAS PINEAPPLE TIDBITS WGR WHEAT BREAD | CHEESEBURGER BAKED BEANS TATOR TOTS FRUIT COCKTAIL WGR BUN | A)LEMON PEPPER CHICKEN WHITE RICE BROCCOLI APPLESAUCE WGR DINNER ROLL B)HAM/VEG | TILAPIA/ GARLIC BUTTER CALIF BLENDED VEGGIES WHITE RICE FRUIT COCKTAIL WGR DINNER ROLL |
| 28 | 29 | 30 | | |
| ROSEMARY HERB CHIX GREEN BEANS MASHED POT / GRAVY MIXED CITRUS CUP WGR DINNER ROLL | BAKED ZITI ITALIAN BLEND VEGGIES HOT APPLESauce WGR GARLIC BREAD | A)MEATLOAF GLAZED CARROTS MASHED POT/GRAVY APRICOTS DINNER ROLL B)LIVER & ONIONS | | 8 oz. Low Fat Milk served with all lunches. |

