

Client Name: _____ MI _____ Date of intake: _____ \ _____ \ _____

Address: _____ Diet: General Diabetic Other: _____

City, State, Zip: _____ Microwave: Yes No
Can you reheat frozen meals? _____

Phone: (_____) _____ - _____

Cell: (_____) _____ - _____ Y N Older individual at risk of institutional placement?

SSN: _____ - _____ - _____ Hospital Discharge

D.O.B. _____ \ _____ \ _____ LTC Discharge

Monthly Income: \$ _____ Loss Of Support

Illness \ Injury

Other: _____

Impairments: (sight, hearing, mobility) _____

Sex: Male Female

Lives With: Alone Spouse Children Relatives Non-Relatives # in Household: _____

Race: White Black Hispanic Other: _____

Speaks English: Yes No Other: _____ Limitations: Yes _____ No _____

Marital Status: Single Married Widowed Divorced

Transportation: Own Car Public Trans Senior Trans Family\Friend No Transportation

Currently Assisted By: Family Friends Agency: _____ Medical Alert System: _____

Emergency Contact:	Alternate Contact:
Name: _____	Name: _____
Relation: _____	Relation: _____
Day Phone: (_____) _____ - _____	Day Phone: (_____) _____ - _____
Evening Phone: (_____) _____ - _____	Evening Phone: (_____) _____ - _____

PHYSICIAN'S INFORMATION

Name: _____ Phone: (_____) _____ - _____ Fax (_____) _____ - _____ Hosp: _____

Meal Service:

Hot Meals Mon _____ Tue _____ Wed _____ Thur _____ Fri _____

Donation Statement if other than participant:	Delivery Instructions:
Send To: _____	_____
_____	_____
_____	Do you have dogs in the home? # _____
Relation To Participant: _____	Phone: (_____) _____ - _____

Referral Source:

Name of Person making referral: _____ Phone: (_____) _____ - _____

Agency of Referral or Relation to participant: _____

How did you hear about Lifescape? _____

Nutritional Assessment

I have an illness or condition that has made me change the kind or amount of food I eat.	Yes	No	Unknown	Elects not to answer
I eat less than two meals a day	Yes	No	Unknown	Elects not to answer
I eat few fruits and vegetables, or milk products.	Yes	No	Unknown	Elects not to answer
I have three or more drinks of beer, liquor or wine almost every day.	Yes	No	Unknown	Elects not to answer
I have tooth or mouth problems that make it hard for me to eat.	Yes	No	Unknown	Elects not to answer
I don't always have enough money to buy the food I need.	Yes	No	Unknown	Elects not to answer
I eat alone most of the time.	Yes	No	Unknown	Elects not to answer
I take three or more different prescribed or over-the-counter drugs a day.	Yes	No	Unknown	Elects not to answer
Without wanting to, I have lost or gained ten pounds in the last six months.	Yes	No	Unknown	Elects not to answer
<i>**I am not always physically able to shop, cook, and/or feed myself.</i>	Yes	No	Unknown	Elects not to answer

Assessment of Need for Assistance with ADL'S and IADL'S

Key:	0	Independent \ No Impairment	A	Needs assistance but refuses
	1	Minimal Assistance \ Mild Impairment	D	Does not know if needed
	2	Moderate Assistance \ Some Impairment		
	3	Maximum Assistance \ Total Impairment		

Instructions: Circle the number or letter that corresponds with the statement (see above key) which most closely describing the clients ability with regard to each ADL and IADL

Activities of Daily Living (ADL'S)						Instrumental Activities of Daily Living (IADL'S)					
Eating:	0	1	2	3	A D	Laundry:	0	1	2	3	A D
Bathing:	0	1	2	3	A D	Shopping:	0	1	2	3	A D
Grooming:	0	1	2	3	A D	Light Housework:	0	1	2	3	A D
Dressing:	0	1	2	3	A D	Heavy Housework:	0	1	2	3	A D
Toileting:	0	1	2	3	A D	Telephone Use:	0	1	2	3	A D
Walking\Mobility	0	1	2	3	A D	Financial Mgmt:	0	1	2	3	A D
Transferring:	0	1	2	3	A D	Transportation:	0	1	2	3	A D
						Meal Preparation:	0	1	2	3	A D
						Medication:	0	1	2	3	A D

****Note statement #5 in the Nutritional Risk Assessment and the first and last statements in the IADL Assessment. Clients must be unable to shop, cook, and/or feed themselves and require assistance with Meal Preparation and Transportation to qualify for Home Delivered Meals.**

- Y N Are you able to drive? If no, how do you get your groceries?
- Y N Are you able to prepare a hot main meal?
- Y N Are you able to prepare a light meal such as a cereal or a sandwich?
- Y N Do you have difficulty chewing, swallowing, or cutting your food?
- Y N Do you have a food allergy? If yes, list:
- Y N Do you need special utensils to eat your meal? Type:

Benefits	
1= Medicaid	6= LIHEAP
2= Medicare	7= Homestead Exempt = TxBreak
3= Circuit Breaker Tax	8= Unknown
4= SSI	9= Tax Exempt Freeze =Giveup
5= Food Stamps	10= CCP Services
	11= QMB/SLIB = PA Insurance

Veteran	Living Arrangement
1 = Veteran	Year of Discharge: _____
2 = Spouse of Veteran	Branch of Service: _____
3 = Not a Veteran	4 = Cong Facility
4 = Unknown	5 = Nursing Home
	6 = Senior Housing
	7 = Other
	8 = Unknown
	9 = Homeless

Y N Are you aware of our agency's donation agreement policy? Y N Discussed Rights & Responsibilities Form

Y N Are you willing to call our agency to cancel the meal if for any reason you will not be home

Y N Are you able to provide a meal for yourself should we not be able to deliver to you in severe weather?

Y N Do you have access to weather closing listings on television?

Y N Do you need in-home help or help with other benefits and services (meds, fuel, transportation)?

Y N Permission to refer? Y N Referral Form completed to:

Additional Information (Optional)

FOR OFFICE USE ONLY	Expected Duration:
Disposition:	___ 1 Month or less
Denied (reason) _____	___ Up to 6 Months
_____	___ Up to 1 year or more
Home Delivered Meals Authorized Start Date _____	___ Congregate possibility
Completed By _____	

Aging IS: _____ Tower ID _____ Napis Nutritional Risk Score _____

Route # Mon ___ Tue ___ Wed ___ Thur ___ Fri ___